

Bubble Dance

By Wolf Trap Teaching Artist Maria Tripodi

The bubble dance is an experience that is best suited for toddlers, but can be modified for infants as well. Its focus is on children's observation and articulation of what they see, as well as on making predictions, spatial awareness, navigation, and self-space.

Introduction:

Pulling out a bag, tell the children there is something inside it that you brought for today. Peek inside, keeping it hidden from the children, and react surprised or excited about what you see. Ask the children to make predictions about what is in the bag. This helps focus the children before the start of the experience.

Main Experience:

In a circle, pull some bubbles out of the bag. Ask observational questions about the bubbles—*What color are my bubbles?* You can also ask the children to make more predictions—*Do you think these will be big bubbles or small bubbles?*

Tell the children they will be using their eyes to watch and observe how the bubbles move. Blow the bubbles once and ask the children to describe the movements. *What did you see when I blew the bubbles? How did they move?* Do this a few times, and then point out how some bubbles move around each other without touching.

Next, have the children pretend to be bubbles—*Can you show me your bubble hands? Can you show me how the bubbles moved?* The children can then move around the room as they practice staying in their own bubbles, not touching any other children.